



THE STATE OF TEXAS

GOVERNOR



*To all to whom these presents shall come,
Greetings: Know ye that this official recognition is presented to all observing*

Family Caregivers Month

November 2025

Each November, Texans join the nation in observing Family Caregivers Month, a time to honor the millions of men and women who devote themselves to the care of others. Across our state, caregivers provide far more than day-to-day assistance—they offer comfort, stability, and hope. Whether tending to an aging parent, supporting a child with special needs, or helping a loved one manage chronic illness, caregivers serve as a lifeline for families and communities.

The impact of caregiving extends well beyond individual households. By reducing hospital admissions, lowering healthcare costs, and keeping families strong, caregivers contribute significantly to the well-being of our entire state. Yet many face their work quietly and without recognition, balancing careers, finances, and personal health while providing unwavering support. Family Caregivers Month reminds us to acknowledge their sacrifices and to ensure that resources, from workplace flexibility and respite programs to training opportunities, are accessible to those who need them most.

As Texans, we are bound together by values of service, perseverance, and compassion. Family caregivers embody these values daily, and their efforts deserve both gratitude and support. This November and beyond, let us uplift caregivers in our communities and work toward a future where they have the tools, respect, and encouragement needed to continue their vital role.

First Lady Cecilia Abbott joins me in encouraging all Texans to observe Family Caregivers Month with appropriate programs and activities.



*In testimony whereof, I have signed my name
and caused the Seal of the State of Texas to be
affixed at the City of Austin this the 23rd day
of September, 2025.*

Greg Abbott
Governor of Texas