



**STATE OF TEXAS
OFFICE OF THE GOVERNOR**

Every year, lives are forever altered by traumatic brain injuries (TBIs), which can result in permanent disabilities. Tragically, more than 381,000 Texans are left to navigate the long-term effects of such injuries. TBIs are often caused by an impact or blow to the head or by a penetrating injury that disrupts brain function either temporarily or permanently. From comparatively mild injuries like a concussion to more severe ones causing prolonged unconsciousness or amnesia, TBIs take many forms, and their impact can be devastating.

TBIs also have lasting effects on our courageous military members past and present. These injuries can contribute to significant mental health concerns, such as post-traumatic stress disorder, depression, anxiety, chronic pain, and suicidal ideation. But we can help our veterans and the many others with TBIs by raising awareness, promoting the many available treatment options, and empowering survivors and their caregivers.

Various treatments, such as neurorehabilitation and other therapies, enable patients to recover from brain injuries and, ultimately, lead healthier, more fulfilling lives. Furthermore, Texas offers quality support systems and services to those impacted by or recovering from a TBI, including the Office of Acquired Brain Injury and the Comprehensive Rehabilitation Program within the Texas Health and Human Services Commission, as well as the Vocational Rehabilitation Program within the Texas Workforce Commission.

Annually, an awareness campaign is conducted to educate the public about brain injuries and available resources; to promote research on prevention and treatment; and to support to people living with such injuries, their care providers, and their families.

At this time, I encourage all Texans to learn more about brain injury and to extend their support, compassion, and prayers to those affected. Together, we can bring about a better, brighter future in which no medical condition has the final say in Texans' lives.


Therefore, I, Greg Abbott, Governor of Texas, do hereby proclaim March 2024 to be

Brain Injury Awareness Month



in Texas and urge all Texans to observe the occasion with appropriate ceremonies and activities.

In testimony whereof, I have hereunto affixed my signature this the 26th day of February, 2024.


Governor of Texas