



**STATE OF TEXAS  
OFFICE OF THE GOVERNOR**

Every year, Texans' lives are permanently altered by traumatic brain injuries (TBIs) that result in life-long disabilities, and over 381,000 Texans are left to navigate the long-term effects of these injuries. TBIs are often caused by an impact or blow to the head or another penetrating injury that can temporarily or permanently disrupt the normal functions of the brain. From relatively mild injuries like a concussion to more severe injuries which may cause extended periods of unconsciousness or amnesia, the seriousness of TBIs is far ranging and their impact can be devastating.

TBIs also have lasting effects on the lives of our courageous military service members and veterans, as these injuries can often lead to significant mental health concerns, including post-traumatic stress disorder, depression, anxiety, chronic pain, and thoughts of suicide. We can help our veterans, and the many others who suffer from TBIs, by continuing to raise awareness, promoting the many treatment and support options available, and empowering survivors and their caregivers.

Various treatment options, including neuro-rehabilitation and other therapies, help veterans and others in our communities recover from brain injuries and live their lives to the fullest potential. Texas also offers quality support systems and services to those impacted by or recovering from a TBI, including the Office of Acquired Brain Injury and the Comprehensive Rehabilitation Program at the Texas Health and Human Services Commission, as well as the Vocational Rehabilitation Program at the Texas Workforce Commission.

Annually, an awareness campaign is conducted to inform the public about the effects of TBIs, promote research on prevention and treatment, and provide support to patients, caregivers, and families across the state who are affected by brain injuries.

At this time, I encourage all Texans to learn more about TBIs and extend their support, compassion, and prayers to Texans impacted by these injuries. Together, we can create better outcomes and brighter futures for Texans in need of our support.

Therefore, I, Greg Abbott, Governor of Texas, do hereby proclaim March 2021 to be

## **Brain Injury Awareness Month**



in Texas, and urge the appropriate recognition whereof.

In official recognition whereof,  
I hereby affix my signature this the  
14<sup>th</sup> day of January, 2021.

  
Governor of Texas