



STATE OF TEXAS
OFFICE OF THE GOVERNOR

Each year, many of our fellow Texans are permanently disabled from traumatic brain injuries. Traumatic brain injuries can affect all Texans regardless of age, race, gender or ethnicity. Sadly, many of these injuries are extremely serious and result in death.

Traumatic brain injuries are caused by blows to the head or penetrating injuries that disrupt the normal function of the brain either temporarily or permanently. Severity of these injuries ranges from mild, such as a concussion, to severe, causing extended periods of unconsciousness or amnesia. Traumatic brain injuries can be caused by many forms of trauma like falls, assaults, and car accidents.

The men and women who serve our nation are also greatly affected by traumatic brain injuries, which can relate to higher rates of Post-Traumatic Stress Disorder, depression, anxiety, chronic pain and thoughts of suicide.

Each year, an awareness campaign is conducted to inform the public about the effects of traumatic brain injuries, promote prevention and treatment research, and provide support to those living with brain injuries and their families.

At this time, I encourage all Texans to learn more about brain injuries and extend their support, compassion and prayers to Texans impacted by brain injuries. Together, we can make a difference for the future.

Therefore, I, Greg Abbott, Governor of Texas, do hereby proclaim March 2019 to be

Brain Injury Awareness Month



in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 15th day of February, 2019.

Greg Abbott
Governor of Texas